

apphealth



Easyscale APH20

Bluetooth 4.0 Body Scale

With Body Fat Measurement

Distributed by:

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INTRODUCTION

Thank you for purchasing our product Bluetooth Body Scale APH20 with Body Fat measurement. It supports iPhone 4S/ 5, new generation iPad and Android Smart Devices. We strongly recommend that users read this Instruction Manual before you operate the product.

ABOUT easyscale APH20

APH20 is a Bluetooth 4.0 connected digital body scale. APH20 can seamlessly transmit your personalized weight, Body Fat and BMI data to your iPhone or iPad. All recorded data can be tracked and shared with your friends on Facebook. Setting up your personalized profile and fitness target will take less than three clicks.

CAUTION

- 1) Person with pacemaker should not use this product
- 2) Person with metal implants will be unable to obtain accurate readings

BOX CONTENTS

Your Easyscale APH20 will contain:

- 1) Easyscale APH20 body scale unit
- 2) 3 AAA batteries
- 3) This user manual
- 4) Quick start guide

LCD DISPLAY

Measurement value

Weight unit



BATTERY INSTALLATION

1. Remove the battery cover located on the bottom of the body scale. Insert 3 pieces of AAA batteries in the compartment with correct polarity indicated on the scale.
2. After inserting the batteries, the LCD will show full display for about 2 seconds
3. Then the LCD will show 0.0 value and it is now ready for use

WEIGHT AND BODY FAT MEASUREMENT

Step on the Scale bare foot and keep contact with electrodes (stainless surfaces). The weight will be displayed on LCD. Once the reading is steady, the display will flash 3 times to indicate the measurement is completed.

To make a new measurement, just come down from the scale and step on it again.

Put your feet properly on the scale as follow:



Step on the Scale
bare foot and
keep contact with
electrodes
(stainless
surfaces).



Do not cover
the LCD
Display



Make sure that
both feet are inside
the scales & in
contact with the
electrodes
(stainless surface)

Notes:

1. To obtain accurate measurement, make sure your feet are on the stainless steel plates and that you are standing straight and still.
2. The body scale should not be placed on any uneven or carpeted flooring so that your body weight is balanced on both feet
3. To ensure accuracy, we suggest you use the scale at the same time every night (19:00 - 21:00)
4. The Scale is equipped with auto-power off function. Once you finished the measurement, it will turn off in about 15 seconds.

CHANGE DISPLAY UNIT

To change the display unit on the scale, push the button on the bottom of the scale. The display units will switch between LB, Kg and ST.

LB: pound

Kg: kilogram

ST: stone

Note:

Changing the display unit on scale will automatically change the measurement reading unit on Smartphone Apps. User can switch their desired display unit under setting tab on the Apps.

APPS

Setting up the body scale to work with your iPhone or iPad, user would need to download our free Apps from Apple AppStore at www.apple.com/apps; or Play Store, and search keyword for “WiTscale Body Fat”. (See attached quick start guide)

Users can use the App to measure, track, record and share their weight and body fat information to extend the scale functions. User can still use the scale as a stand-alone device without the Apps but no body fat information will be displayed on the scale.

Note:

Currently, our Easyscale APH20 only support Bluetooth 4.0 iOS device. Older generations of Bluetooth technology is not supported.

WARNING INDICATION



Weight exceed limit. User must step off immediately



Battery Low. User should replace the batteries for proper operation

BATTERIES

When the warning indication display LO appears, it is necessary to change the battery. On the bottom of the unit, open the battery compartment and replace with new battery only. Keep in mind, the display unit will be defaulted to LB (pound) after power reset.

ATTENTION

1. Weight capacity: 7KG – 150 KG. Please weigh within this weight range for the use of the scale correctly and without causing damages.
2. DO NOT place anything on the scale whilst not in use.
3. APH20 easyscale is designed to be used to measure the body weight and is not recommended to be used for other purposes.
4. To clean the APH20 easyscale please use a soft fabric cloth with NO cleaning agents.
5. Always stand in the centre of the scale for a correct reading and DO NOT operate scale whilst wet.
6. For a precise result, only use scale on flat, hard & even surfaces.
7. Store the scale in a cool dry place. DO NOT expose to extreme temperature or moisture.
8. NEVER jump or bounce on the scale. DO NOT shake or try to disassemble the scale.
9. Do not press or push hard on LCD display.

SPECIFICATIONS

Weight Limits	: 7 to 150 Kg
Body Fat Limits	: 5 - 50 %
Power Supply	: AAA battery x 3
Operating Temperature	: 5 to 35°C
Wireless Standard	: Bluetooth 4.0
Frequency Range	: 2400 – 2480 MHz
Operation Range	: 10 meters

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